



2014 UPWARD Basketball Practice Schedule

Saturdays, January 4 & 11

- 9 a.m.** Mercury (G5-6)
Monarchs (G5-6)
- 10 a.m.** Lady Bears (G1-2)
Bears (B1-2)
Lady Broncos (G3-4)
Badgers (B3-4)
- 11 a.m.** Hawks (B5-6)
Knicks (B5-6)
- 12 noon** Lady Lions (G1-2)
Bulls (B1-2)
Cougars (B1-2)
Broncos (B3-4)
- 1 p.m.** Lady Owls (G1-2)
Lions (B1-2)
Lady Eagles (G3-4)
Falcons (B3-4)
- 2 p.m.** Shock (G5-6)
Lakers (B5-6)
- 3 p.m.** Mystics (G5-6)
Pistons (B5-6)
- 4 p.m.** Lady Rams (G1-2)
Owls (B1-2)
Eagles (B3-4)
Gators (B3-4)
- 5 p.m.** Rams (B1-2)
Lady Badgers (G3-4)
Lady Gators (G3-4)
Tigers (B3-4)

Weekdays

Monday, January 6 – March 3

- 5:00 p.m.** Mercury (G5-6)
Monarchs (G5-6)
- 6:00 p.m.** Lady Bears (G1-2)
Bears (B1-2)
Lady Broncos (G3-4)
Badgers (B3-4)
- 7:00 p.m.** Hawks (B5-6)
Knicks (B5-6)

Tuesday, January 7 – March 4

- 5:30 p.m.** Lady Lions (G1-2)
Bulls (B1-2)
Cougars (B1-2)
Broncos (B3-4)
- 6:30 p.m.** Lady Owls (G1-2)
Lions (B1-2)
Lady Eagles (G3-4)
Falcons (B3-4)
- 7:30 p.m.** Shock (G5-6)
Lakers (B5-6)

Thursday, January 8 – March 5

- 6:00 p.m.** Lady Rams (G1-2)
Owls (B1-2)
Eagles (B3-4)
Gators (B3-4)
- 7:00 p.m.** Rams (B1-2)
Lady Badgers (G3-4)
Lady Gators (G3-4)
Tigers (B3-4)
- 8:00 p.m.** Mystics (G5-6)
Pistons (B5-6)